PARKER REX

Founder, Little Worker | Product & Engineering Leader
Austin, TX | me@parkerrex.com | parkerrex.com | github.com/parkerrex | linkedin.com/in/parkermrex

SUMMARY

Founder and hands-on product leader who turns hard product ideas into shipped software. Led product and engineering at Delivery Dudes as it grew to $73M in GMV and sold for $23M. Since then, I have shipped AI products, client systems, and a paid community that reached $6K MRR. Now I'm building Little Worker and using it to deliver real client work.

EXPERIENCE

Rex Ventures — Founder & Principal Product Engineer · Austin, TX · 2021–Present

- Building Little Worker, a simple app for running serious AI work. It routes jobs across Grok, ChatGPT, Claude, and managed agents, with tools, training, permissions, approvals, spend limits, and proof built in.
- Using Little Worker to win and deliver paid client work; past projects include AI research, sales automation, voice systems, and full-stack products.
- Served as fractional Head of Product: moved a legacy React app to Next.js, connected Rails to Twilio and Deepgram, and shipped v1 in one quarter.
- Co-founded Venu and raised a $150K angel round; built Vibe with AI to $6K MRR and 110 members.
- Published 160+ long-form videos with about 290K views and 12K+ subscribers across two YouTube channels.

Delivery Dudes — VP of Product (Founding Team) · 2017–2021

- Led product and engineering as the company grew to $73M in GMV across 5 states and 42 cities, then sold to Waitr Holdings for $23M.
- Led a 24-person product and engineering team across iOS, Android, web, and internal tools; secured a $2.3M post-acquisition budget.
- Built ML dispatch and Sherlock CRM systems that cut delivery times and drove near-perfect order accuracy.
- Introduced Shape Up and 6-week cycles; consumer apps held a 4.9-star rating while the network grew to 3,000+ restaurant partners.

Delivery Dudes — Product Manager & UX Designer · 2014–2017

- Designed and shipped the iOS, Android, and responsive web products plus the design system used across 3,000+ restaurant partners.

SELECTED BUILDS

Deep Research — AI lead intelligence for luxury real estate · 2024–2025 Turned buyer emails into sourced research dossiers with async Gemini jobs and a live research copilot. Built with Next.js, TypeScript, Postgres, and Playwright. Live demo: deep-research-demo.vercel.app.

GPTs for Devs — RAG docs search · 2024 Searched 38+ libraries to reduce LLM hallucinations. Drew 100K visits in its first week through an organic launch.

OPEN SOURCE & RESEARCH

programmers-loop + LoopBench · 2026 Provider-neutral coding-agent runtime and eval harness with Codex and Claude adapters, bounded runs, versioned proof, hidden graders, repeatability checks, default-deny networking, and cost-normalized analysis. github.com/ParkerRex/programmers-loop · MIT.
Synthia — native audio instrument · 2026 JUCE/C++20 AU, VST3, and standalone synth with custom DSP, modulation, effects, presets, MIDI Learn, deterministic render tests, and Ableton validation.

AI-SDLC · 2024–2026 Open-source CLI for an 8-step AI development workflow that works with any AI tool. Published to PyPI; earned 186 GitHub stars.
Writing & labs · 2024–2026 Published evals, prompt teardowns, and an 18-prompt engineering library. Built REJECTED, a searchable index of about 40,000 DMV-rejected vanity plates, and Risk Factory, a searchable decade of SEC 10-K risk factors. parkerrex.com/writing.

TECHNICAL SKILLS

AI systems: multi-model routing, agent runtimes, MCP, tools and plugins, RAG, training and evals, permissions, approvals, evidence, usage metering, and spend controls.
Models: OpenAI/ChatGPT/Codex, Anthropic/Claude, xAI/Grok, and Google Gemini.
Languages: TypeScript, Python, C++20, SQL, and Swift.
Product stack: React, Next.js, SolidStart, Node, Effect, PostgreSQL, MySQL, Drizzle, and Convex.
Infrastructure: AWS/SST, Cloudflare Workers, R2, queues, Google Cloud, Docker, and GitHub Actions.

EDUCATION

Florida State University — Business & Entrepreneurship · 2011–2013. Left to join the Delivery Dudes founding team.